

Science-based Social Group

Increasing Social Skills & Knowledge through common interests

Presented by
Family Wellness Center
Using ReSpectrum
Curriculum

Who: 8-12 year olds with social learning challenges, ASD or similar needs

When: Thursdays 4-5pm for 8 weeks.

Where: 680 Fletcher Parkway El Cajon 92020—Services currently provided via telehealth (e.g. Zoom)

**New clients must complete an intake to determine eligibility prior to the registration deadline date. Intakes currently done via telehealth*



Sessions start with a skill-based lesson and then participants practice the skill while engaging in a fun activities such as group games, show and tell, and more!

4 ROUNDS EACH YEAR:

*Each round has a main target skill broken into 8-10 subskills. Each successive group includes some review of each main target skill so participants can join during any round.

Updated 2020 Schedule-Now Provided Through a Virtual Group!

1. Self Advocacy: Jan 9–February 27
Registration deadline: January 6th at 4pm
2. Social Communication: March 5–May 7
Registration deadline: March 2nd at 4pm
3. Relationship Building: May 21– July 9
Registration deadline: May 18th at 4pm
4. Relationship Building & Maintaining : Aug 27–October 15
Registration deadline: August 24th at 4pm
5. Putting it all together: Social Skill Building : Oct 22–Dec 17



Reduced Fees and Scholarships Available!

Contact Family Wellness Center
858-634-8300
fwc@centerforchildren.org